

DATES TO REMEMBER

January 31Next classified ad deadline
 January 31OpenLine article deadline
February 4CS Council meeting @ noon
 February 14Valentine’s Day
 February 17Presidents’ Day
February 18 ...CS Council meeting @ noon
 February 20Founders Day

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NEWSLETTER STAFF

EDITOR.....Liz Larson
 LAYOUT/DESIGNNarry Kim
 PROOF READERS.....Patti Munster
 Jason Taylor
 COUNCIL LIAISONChrista Lawhun

**NEXT OPENLINE
 ARTICLE DEADLINE**

The next deadline to submit articles to the OpenLine newsletter will be **Friday, January 31**. Items pertinent to Civil Service employees can be sent to cscopenline@ilstu.edu.



CIVIL SERVICE DISTINGUISHED SERVICE AWARDS

~ Lois Soeldner, Civil Service Council

The Illinois State University Civil Service Council is proud to announce the names of this year’s recipients of the Civil Service Distinguished Service Award.

This year’s winners are:

- **Bill Link**—University Housing Services
- **Marsha Jean Perry**—College of Business
- **Cris Embree**—School of Information Technology



The Civil Service Distinguished Service Award is the highest honor given to civil service employees at Illinois State University. Candidates for this award are judged on job performance, university service, and service to the community. Each winner receives \$1,000 and has his/her name inscribed on the Distinguished Service Award plaque located in the Bone Student Center. The awards will be presented during the Founders Day Convocation on February 20.

Congratulations to Bill, Marsha, and Cris!

FOUNDERS DAY 2014

There’s plenty more to celebrate on Founders Day 2014! On February 20, the campus community will come together to reflect upon Illinois State’s heritage and vision for the future as well as the many accomplishments of students, faculty, and staff.



ILLINOIS STATE UNIVERSITY
Illinois’ first public university

Join us for traditions like the bell-ringing ceremony and convocation. Find more ways you can take part at IllinoisState.edu/FoundersDay.

BUS TRIP 2013:

WHAT DO THE HOLIDAY SHOPPERS SAY?

~ Diana Weekes, Civil Service Council

On Saturday, Dec. 7, 2013, dozens of shoppers hit the suburbs for the annual shopping trip sponsored by the Civil Service Council. This recap goes to the tune of “The Fox (What Does the Fox Say?)” by Ylvis

Where’da, Where’da, Where’da the sale?
 “Don’t forget your shopping bags!” shouts the security guard as we exit to the mall.
 Cling, cling, cling-a-ding, cling-a-ding, ding, ding

We jump on the trolley from IKEA to Woodfield Mall
 Looking for a sale that thrills us all!
 Cling, cling, cling-a-ding, cling-a-ding, ding, ding

At the end of the day, the shoppers are gleeful with joy.
 They shopped at the LEGO Store to purchase a little toy!
 Cling, cling, cling-a-ding, cling-a-ding, ding, ding

What do the holiday shoppers say?
 How thankful we are that we rode the bus this far!
 Cling, cling, cling-a-ding, cling-a-ding, ding, ding

TIP OF THE HAT: DECEMBER 2013

~ Gail Norris, Human Resource Data Management

WELCOME TO ISU



- Dawn DuBois, Staff Clerk, Stevenson Ctr-Comm/Econ Dev
- Helen Godbey, Office Support Associate, Mennonite College of Nursing
- Patricia Grimm, Clinic Nurse, Health Services
- Benjamin Harmon, Accounting Associate, VP University Advancement
- Mary Kent-Gehrt,

Business/Administrative Assoc, Comptroller's Office

- Lisa Mason, Benefits Counselor, Human Resources
- Trevor Neuber, IT Support Associate, Client Services

PROMOTIONS/RECLASSIFICATIONS

- Patricia Heimerdinger, Office Support Specialist, Thomas Metcalf School
- Jacklyn Russow, Office Manager, Superintendence

RESIGNATIONS

- Mary Lynn Fletcher, Grants and Contracts Dev Spec, Research & Sponsored Programs
- Donald Griswold, Spec Motorcycle Safety, Health Sciences
- Veronique Parmenter, Inventory Clerk, Central Receiving
- Jessie Schaefer Winters, Food Service Worker II, Dining Services
- Julie Thomas, Licensed Practical Nurse II, Health Services
- Kristine Wollak, Public Functions Supervisor, Illinois Special Olympics

RETIREMENTS

- Connie Barling, IT Technical Associate, Analytics Insight Mgmt
- Michael Ivey, Cashier IV, Parking and Transportation

SERVICE AWARDS

~ David Schaafsma, HRIS Functional Analyst

30 YEARS

- Colette Sue Homan, Human Resources, 1/3/1984

25 YEARS

- Steven Jay Lancaster, Superintendence, 1/22/1989

20 YEARS

- Jerry L. Malak, Application Services, 1/3/1994
- Harry E. Andres, Building Maintenance, 1/5/1994
- Kevin J. Sparrow, Dining Services, 1/18/1994
- Jeanette A. Jones, Dining Services, 1/24/1994
- Cindy L. Caldwell, Economics, 1/31/1994
- Jesus Diaz, Janitorial, 1/31/1994

15 YEARS

- Scott Robert Bye, Milner Library, 1/4/1999
- Charles Allen Nicholson, Janitorial, 1/4/1999
- Jose Nieto, Janitorial, 1/4/1999
- Karen Lee Eckhart, Health Services, 1/6/1999
- Patsy C. Sherrard, Student Counseling Services, 1/14/1999



POTPOURRI

~ Liz Larson, Civil Service Council

BIRTHS—CONGRATULATIONS TO:



- Brandy L. O'Grady, Human Resources, on the birth of her son, Devin Riley O'Grady, who was born September 25, 2013. He weighed 8 lbs., 6 oz. and was 21 inches long.
- Megan Lapping, Philosophy, on the birth of her daughter, Abigail Lynn Lapping, who was born September 30, 2013. She weighed 10lbs., and was 21.5 inches long.
- Tonya Mintz, Student Affairs IT, on the birth of her son, Bryson Carter Mintz, who was born on November 11, 2013. He weighed 8 lbs., 7 oz., and was 20 inches long.
- Kim Robinson, Advancement Services, on the birth of her grandson, Elijah Coy Robinson, who was born January 10, 2014, weighing 5lbs., 13 oz. and was 20 inches long.

MARRIAGES—CONGRATULATIONS TO:



- Bonnie Lucas, Office of Energy Management, and Jeff Schlink, retired from ISU Heating Plant, were married on December 14, 2013.

SYMPATHY—OUR SINCERE SYMPATHY TO:

- Mary Macin, TechZone/Web & Interactive Communications, on the death of her husband, Al Macin (formerly of ISU Parking and Transportation), on December 3, 2013.
- Chad Scheiman, CAS-IT, on the death of his mother, Cheryl Scheiman on December 15, 2013. She was also the mother-in-law of Crystal Scheiman, Department of Philosophy.

Your help in providing Potpourri information is needed and appreciated. Feel free to voluntarily provide Potpourri information, taking note of the article deadlines printed in each issue. Report births, marriages, or deaths of immediate family members via email to cscopenline@ilstu.edu. Notifications are not verified by birth, marriage, or death certificates.

REMINDER: PEACE PRIZE NOMINATIONS

~ Rachel Hatch, Media Relations



The Peace and Conflict Resolution Studies Program at Illinois State University is still accepting nominations and self-nominations for the Grabill-Homan Community Peace Prize.

Applications must be received no later than January 31, and sent to: Dawn Beichner, Department of Criminal Justice Sciences, Illinois State University, Campus Box 5250, Normal, IL 61790-5250. Questions can be directed to Dawn Beichner at dmbeich@ilstu.edu.

The Grabill-Homan Community Peace Prize recognizes individual achievements in peacemaking, leadership, community service and activism. To be eligible, a nominee must be a resident of Bloomington or Normal and be at least 21 years of age.

Learn more online at CAS.IllinoisState.edu/sites/peacesudies.

START OFF THE NEW YEAR WITH WELLNESS

~ Erin Link, Health Promotion and Wellness

Challenge yourself to have an AMAZING year!

The Amazing Challenge is a four month, team-based challenge that begins February 1. During the challenge, participants will be awarded points for logging activities in areas such as physical activity, nutrition, and work/life balance. Individuals can participate as well. The challenge is free for Illinois State University employees. Participants will have access to the We Choose Health 365 portal for the entire year. For more information and to sign up, visit Wellness.IllinoisState.edu.

Be SMART with resolutions

SMART is an acronym that refers to creating goals that are:



- Specific,
- Measurable,
- Action-oriented,
- Realistic, and
- Timely.

If wellness resolutions are on your radar, read more about SMART goals and campus resources to support your efforts at <http://Stories.IllinoisState.edu/student-affairs/health-promotion-and-wellness/smart-goals-new-year>. Have a happy and well 2014!

Spring 2014 Lifestyle Enhancement Registration Open

Registration is now available for spring 2014 lifestyle enhancement classes. The spring session runs January 13 through May 10. Classes include Balanced Bellies and Backs, T'ai Chi, table tennis, and various yoga classes. To register, visit Wellness.IllinoisState.edu or stop by McCormick 187.

Massage Available

Massage has many health benefits, including stress management. Health Promotion and Wellness partners with Aches Away Massage Specialists to bring massage right to campus. Massage takes place every Tuesday and Wednesday in SSB 379. The cost is \$15 for 15 minutes and participants pay Aches Away directly at the time of service. To view available timeslots and to register, visit Wellness.IllinoisState.edu.

Upcoming Family Activities

The weather outside might be frightful, but Health Promotion and Wellness activities with your family are so delightful!

- **Family Swims**
Sunday, February 9
Saturday, February 22
1:30 to 3:30 p.m.
Metcalf Pool
Family Swims are free, but registration is required. Register online at Wellness.IllinoisState.edu.
- **Family Day at the Children's Discovery Museum**
Sunday, March 9
1 to 5 p.m.
Children's Discovery Museum, Uptown Normal
Free entry for you and your family. Space is limited! Register online at Wellness.IllinoisState.edu.



LARRY THE CAT IN SPACE AT PLANETARIUM

~ Eric Jome, Media Relations

The Illinois State University Planetarium will present the family program *Larry Cat in Space*, Jan. 17 through Feb. 1. Show times will be 7:30 p.m. Fridays and 2 p.m. Saturdays.



The show follows the inquisitive Larry the Cat as he stows away in his owner's baggage and becomes the first cat on the Moon. Admission to the

Planetarium is \$4 for adults, \$3 for children ages 5 to 12 and seniors, and \$2 for children ages 3 to 4.

The Planetarium is located under the white domed roof at the eastern end of Felmley Hall of Science at the corner of School St. and College Ave.

For more information, call the Planetarium's *Skyline* at (309) 438-5007, or visit <http://www.phy.ilstu.edu/~trw/planet.html>.

PRE-GAME PARTY IN CHICAGO

~ Juliana Duncan, Alumni Relations

It's been a cold winter, but the Illinois State men's basketball team is heating up the court! Join the Alumni Association to back the 'Birds and connect with fellow ISU graduates and supporters.

Hit the road with the Illinois State men's basketball team as they travel to Chicago to take on the Loyola Ramblers on February 9. Illinois State alumni and Redbird fans are invited to gather before the game at Bar63, just two blocks from the arena.

Sunday, February 9

12:30-2:30 p.m.

3 p.m. game at Gentile Arena

\$10 per person

(Includes a heavy appetizer buffet and soft drinks.
A cash bar will be available.)

63 Bar and Grill

6341 N. Broadway, Chicago

(773) 942-6269

www.bar63.com

Please note that game tickets are not included. To purchase game tickets, visit www.loyolaramblers.com or call the Loyola ticket office at (773) 508-WOLF (9653). Request to sit with the visiting team and make sure to wear your Redbird gear!

Visit Alumni.IllinoisState.edu/LoyolaMen to learn more and register. The registration deadline is Monday, February 3.



DISCOUNT: FITNESS FOR SENIORS

After being in the fitness industry for 14 years, Hawkins Williams decided to focus on working with seniors because he felt as though seniors were being neglected in the fitness community. Williams, of Bloomington-Normal Senior Fitness, was certified by the Cooper Institute as a Fitness Specialist for Older Adults.



The services offered by Hawkins are unique. His workout sessions are hosted in the home of his clients, which allow them to work out comfortably within their own environment. Working in the home atmosphere provides clients with the advantage of improving their daily functional issues.

Hawkins wants to empower his clients with the keys to fitness and nutrition to help them understand the importance of a well-balanced exercise program. By learning the proper mechanics of strength training, the appropriate intensity levels of aerobic training, and the value of flexibility, his clients can safely achieve a higher level of fitness.

Empowering You with the Keys to Fitness - In Home 10% off Every Session for ISU Employees, ISU Retirees and ISU Family Members Hawkins

CALL TODAY FOR A FREE ASSESSMENT (309) 530-0479
 (hawkgoju@gmail.com • BNSeniorFitness.com)

OpenLine Classified Ad Submission Form

All information must be printed clearly.

First and Last name: _____

Employment status: Full time / part time / retired / _____

Home phone: (_____) _____ - _____

ISU phone: _____ - _____

Best time to reach you at your home phone: _____

E-mail: _____

Campus Box/Dept: _____

Check one category:

- Free Items (\$2) Personal Service (\$5)
 For Sale-Auto (\$5) Wanted (\$2)
 For Sale-Other (\$2)

ONE word per box. 20 words or less.

Make checks payable to: Civil Service Council - *OpenLine*.

Send this completed form and payment
 by the published classified ad deadline (January 30) to:

Maureen Peel, 1100 VP Finance & Planning, 438-5152

For more information about advertising in the *OpenLine*
 visit www.cscouncil.illinoisstate.edu/openline/

