

NEW MEMBERS

Join Four Seasons today and enjoy all we have to offer!

Visit the Front Desk at either location to sign up

Corporate Single: \$42/month Corporate Family: \$65/month Joint (any 2 adults age 18+): \$57/month

Group Fitness Classes

We offer over 120 FREE fitness classes each week. There's something for everyone. For a complete list of classes and descriptions, inquire at the front desk, visit our website (4seasons-club.com) or mobile app.



Personal & Small Group Training

Achieve your fitness goals! Affordable options are available for one-on-one, semi-private, and small group training with our Certified Personal Trainers. Inquire at our front desk for more information.



The PIT

Ready for a real challenge? Up your game in The PIT. The PIT provides high intensity group sports performance training for youth and adults. Specialized programs challenge the body, emphasizing injury reduction and maximized results!



SLX Pilates Reformer

We have seven Allegro Reformers, Pilates Combo Chairs and Arcs to strengthen your core. Our certified Reformer trainers will help you achieve greater strength and muscle tone, improved posture, increased flexibility and balance, and a more streamlined shape.



Learn to Swim

We offer swim lessons for children and adults. Affordable group, private and semi-private lessons are widely available to accommodate your busy schedule.



Basketball, Racquetball & Indoor Track

Our gyms at Four Seasons I have 17 basketball rims, a full-size hardwood basketball court, volleyball court, pickleball & kid's areas. Log your miles on our 1/9 mile indoor track or play racquetball in one of our two courts.



Karate

Our Shotokan Karate program develops coordination, agility, and trains the student to channel mental energy in a positive manner, as well as reduces tension caused by everyday stress! Classes are available to members age 6 to adult.



Childcare

FREE Childcare for ages 6 weeks to 15 years. Children can learn and explore, be active, imaginative and creative in a safe, stimulating and colorful environment.



Special Programming

There's always something going on at Four Seasons! Whether it's an informational seminar, wellness program, charity fitness event, sports clinic for kids, or community event, you'll find something to keep you interested.



Stay Connected

Want to know what's coming up? We'll keep you posted. Download our mobile app, visit our website, follow us on Facebook, and watch for information in the clubs.

Club Information

Club Hours:

 $\begin{array}{lll} \mbox{Monday} - \mbox{Friday} & 5:00 \mbox{ am} - 10:00 \mbox{ pm} \\ \mbox{Saturday} & 5:00 \mbox{ am} - 8:00 \mbox{ pm} \\ \mbox{Sunday} & 8:00 \mbox{ am} - 8:00 \mbox{ pm} \end{array}$

Four Seasons I

904 Four Seasons Road Bloomington, IL 61701 309.663.2022

Four Seasons II

2401 Airport Road Bloomington, IL 61704 309.661.8611

Four Seasons I is an all ages facility. However it is open to adults only (16 and older) from 5:00 am to 10:00 am Monday – Saturday, and 8:00 am to 10:00 am Sundays, except for children who are in Childcare or participating in scheduled programs.

Four Seasons II is adults only (16 and older) at all times, except for children who are in Childcare.

